



The Catholic Women's League of Canada
London Diocesan Council



To: All London (Christian Family Life Chairpersons)
CC: London Diocesan Council; OPC (CFL Chairperson)
From: Denise Lalonde Morris, Christian Family Life Chairperson
Date: January 2020

Directive # 9

“Jesus, be my source of hope in the coming year!”

I welcome everyone to 2020! It is my hope we will have a very fulfilling year. Over the past 2 years I have tried to make you aware of the numerous ministries that fall under this chair. With the national council wanting us to Care for Our Common Home, our Provincial council wanting us to zero in on Loneliness and our diocesan council to Engage, Educate and Empower there should be no problem for your local councils to find a new project to work on.

In the past few weeks many of us have decided on a new year's resolution. How about viewing these resolutions from a different perspective? If you have decided to cut down on food consumption why not donate the funds saved to a local food bank and ask local youth from a neighbouring school to help. If you want to spend less time on your technological devices why not visit a shut-in and maybe ask a newly widowed or separated person to come along for the company... You may even decide to read more scripture- why not get together with friends from different religious backgrounds and compare shared and differing values.

One of the ministries under our group is Families. If someone asks you what makes a family holy you most likely would say love. In the Bible it says it is Forgiveness. How often do we find ourselves at odds with members of our family? How many times do we allow rifts to split us apart and we avoid contact with each other. The ability to forgive one another for minor offenses that happen in daily life paves the way for us to get along. A simple, "I'm sorry" should be as easy as saying I love you. Without forgiveness, bitterness can grow and love can wither. You can be a model for your children and grandchildren. This is especially important in our parish life as we become organized into Parish Families. We will all have the same goals but may not always want to resolve our issues in a peaceful loving manner.

Remember to ask, “Jesus, give me the humility to ask for forgiveness and the mercy to grant it”

I would like to take this time to thank everyone for all your efforts with the HUG initiative.

May Our Lady of Good Counsel, Bless you all in this New Year!!

Denise



Environment Care